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ABSTRACT

This set of instructional units and assessment instruments is intended for use with the Life Centered Career Education Program, a field-tested curriculum for special education and other at-risk students which develops competencies in daily living skills, personal-social skills, and occupational skills. The skills are organized into 22 major competencies (97 basic skill areas, 4 stages of career development, and 3 major instructional settings (classroom, home, and community). Introductory material explains the curriculum rationale, describes curriculum components and materials, and provides general guidelines for teachers. The lesson plans typically include an instructional objective, suggested resources, a lesson introduction, time requirements, activity tasks, and evaluation guidelines. A variety of worksheets accompanies many of the lesson plans. These three volumes present activities for the development of personal social skills, which comprise 7 competencies and 28 subcompetencies. The seven competencies are: (1) achieving self-awareness (e.g., identify interests and abilities); (2) acquiring self-confidence (e.g., accept and give praise); (3) achieving socially responsible behavior (e.g., recognize authority and follow instructions); (4) maintaining good interpersonal skills (e.g., make and maintain friendships); (5) achieving independence (e.g., demonstrate self-organization); (6) making adequate decisions (e.g., develop goal seeking behavior); and (7) communicating with others (e.g., communicate with understanding). (DB)

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